



# May 2025

Lunch included - please call ahead 24 hours  
in advance so we can ensure everyone can  
eat. 304-233-2350 x 106

SUN	MON	TUE	WED	THU	FRI	SAT
				1 10:30 - 11:30 Seated Exercise  11:30 -12:30 LUNCH	2 12:00 - 1:30 Game Day 12 - 1 Book Club  11:30 -12:30 LUNCH	3
4	5 12:00 - 1:30 Bunco  11:30 -12:30 LUNCH	6 10:30 - 11:30 Crochet  11:30 -12:30 LUNCH	7 10:30 - 11:30 Cardio Drumming  11:30 -12:30 LUNCH	8 10:30 - 11:30 Seated Exercise  11:30 -12:30 LUNCH	9 12:00 - 1:30 Game Day  11 - 1 Veteran Luncheon 11:30 -12:30 LUNCH	10
11	12 12:00 - 1:30 Bunco  11:30 -12:30 LUNCH	13 10:30 - 11:30 Crochet  11:30 -12:30 LUNCH	14 10:30 - 11:30 Cardio Drumming  11:30 -12:30 LUNCH	15 10:30 - 11:30 Seated Exercise  11:30 -12:30 LUNCH	16 12:00 - 1:30 Game Day  11:30 -12:30 LUNCH	17
18	19 12:00 - 1:30 Bunco  11:30 -12:30 LUNCH	20 10:30 - 11:30 Crochet  11:30 -12:30 LUNCH	21 10:30 - 11:30 Cardio Drumming  11:30 -12:30 LUNCH	22 10:30 - 11:30 Seated Exercise  11:30 -12:30 LUNCH	23 12:00 - 1:30 Game Day  11:30 -12:30 LUNCH	24
25	26 12:00 - 1:30 Bunco  11:30 -12:30 LUNCH	27 10:30 - 11:30 Crochet  11:30 -12:30 LUNCH	28 10:30 - 11:30 Cardio Drumming  11:30 -12:30 LUNCH	29 10:30 - 11:30 Seated Exercise  11:30 -12:30 LUNCH	30 12:00 - 1:30 Game Day  11:30 -12:30 LUNCH	31