April 2023



All monies collected support the Nutrition Program. Love our meals-Give a note to your driver! Due to Weather, Staffing, and food availability- the Menu is subject to change

Nutrition Program Number 304-233-2350x106.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Delivery time varies due to weather, road delays, staffing, and number of meals on the route. Please do not call to inform us a meal has not been delivered until 1 PM. Love our Meals? Drop your driver a note! We use your comments to get additional grant funding and to review our service delivery

Do no	ot give away or refuse froz	en meals or boxes. These meals sho	uld be used when we are not on a re		
3	Chicken Breast Wheat Bread Peas Mashed Potatoes Apple	4 Beefaroni Wheat Bread Broccoli Orange	Chicken Ala King over biscuit Carrots Banana	6 Festive Meal Chicken Cordon Bleu Wheat Bread Broccoli Redskin potatoes Apple	7 Good Friday Closed
	Milk	Milk	Milk	Milk	
10	Salisbury Steak Wheat Bread Mashed Potatoes	Spaghetti & Meatballs Wheat Bread Broccoli	Fish Fillet Sandwich Bun Macaroni & Cheese	13 Stuffed Peppers Rice	Steak Hoagie on a bun onions & peppers
	Green Beans		Carrots	Peas	Mixed Vegetables
	Apple Milk	Orange Milk	Banana Milk	Apple Milk	Apple Milk
17		18	19	20	21
	Chicken Tenders Wheat Bread Mashed Potatoes Green Beans Apple Milk	Sloppy Joes on a bun Broccoli Redskin Potatoes Banana Milk	Lemon Pepper Pollock Wheat Bread Carrots Baby Bakers Apple Milk	Boneless Chicken Breast Wheat Bread Cabbage & Noodle Peas & Carrots Banana Milk	Cheeseburger on a bun Mixed Vegetables Scalloped Potatoes Orange Milk
24		25	26	27	28 Breakfast for Lunch
	Meatballs w/gravy Saltines Rice Carrots	Gilled Chicken On a bun w/ lettuce & tomato Peas & Carrots	Meatloaf Wheat Bread Scalloped Potatoes Broccoli	Chicken Italiano Mixed Vegetables Steamed Rice	Omelet With Cheddar Cheese Turkey Sausage Seasoned Potatoes
	Apple Milk	Banana Milk	Apple Milk	Orange Milk	Cinnamon Apple Milk